



# Summer Solstice Ritual

The Summer Solstice, or Midsummer, celebrates the longest day of the year. It falls around June 21 - 22. The Summer Solstice ritual focuses on the god because summer is his time. Celebrate it outdoors if you can, or if indoors, during the day so the sun is a prominent part of your ritual. To find the time in your area, visit [Seasons Calculator](#)

The [June solstice](#) has been associated with many [ancient summer traditions](#) and continues to be celebrated in modern society. It is also known as the summer solstice in the northern hemisphere and the winter solstice in the southern hemisphere. The June solstice occurs on June 20, 21 or 22 in the Gregorian calendar, which is currently used in many western countries.

This ritual is used to complete external physical manifestation and all energies are about exerting the will. In ancient times it was considered a time of fullness of life, worldly blessings and celebration. Not much has changed today in how we look at summer. We see it as a time of vacations, play, celebration, fun, joviality, parties, and barbecues with family and friends at the beach or park. Days are longer which gives us more time to enjoy the sun and soak in its warmth.

Summer Solstice Ritual is an extremely powerful ritual. This ritual lays the foundation of the summer. The purpose of this ritual, as I said above, is to Release, Reconnect and Renew our external physical manifestations, such as, financial, health, joy, faith, love, happiness, friendships, family, blessings, fun, and abundance.

For couples: it is also a time for renewing the bonds of love that brought the two of you together in the first place.

For those of you who are single, it is a time to renew your commitment to find your true love. Since the summer is a time for external physical manifestations then why not include manifesting the 'right' person to love? Then your summertime celebration will have even more meaning and someone to share it with.

## Things You'll Need

- Piece of cloth or cloth pouch
- Midsummer herbs
- Piece of red string or yarn
- Midsummer flowers
- Gold or yellow robe, shirt or dress
- Yellow or gold candle
- Summer fruit



### Step One

Prepare for the Summer Solstice ritual by gathering a piece of cloth or cloth pouch and midsummer herbs. Use any combination of sage, rosemary, thyme, basil, lavender, Saint John's wort and vervain that appeals to you. Meditate on your pain, troubles, sorrows and illnesses. Tie up the cloth or pouch with a red string or yarn and save it for the ritual.

### Step Two

Think about the qualities of fire because the Summer Solstice ritual is a fire ritual. Contemplate what you need protection from (debt-collectors, a jealous friend, an abusive family member). Write down in what aspects of your life you need strength because the Summer Solstice ritual is a time to gather courage.

### Step Three

Collect flowers for your Summer Solstice ritual that are golden yellow, deep red, white, pink and purple. Whatever you wear, choose a gold or yellow color to honor the sun. Use a gold or yellow candle to represent the god in ritual.

### Step Four

Cook dishes with midsummer herbs such as basil, sage, thyme and rosemary. Tomato soup or sauce, with its fiery red color, is suitable for the season. Eat fresh fruit or fruit salad at the close of the ritual for a sweet end to summer.

### Step Five

Set up your altar with your summer flowers, golden candle, pouch of herbs and any other tools you wish to use and cast the circle. At the point most suitable to you during your Summer Solstice ritual, hold the pouch of herbs in both hands. Mentally pour all your troubles, sorrows and pain into it. At the end of the ritual, bury the pouch deep in the ground or flush down the toilet.